ADULT PROTECTIVE SERVICES

Adult Protective Services, or APS, safeguards the rights and resources of vulnerable adults from abuse, neglect, and exploitation. Although the office on Aging oversees funding, the APS unit at the Board of Social Services provides the service.

CAREGIVER SUPPORT AND TRAINING

Occasional workshops and general materials provide insight into the medical, legal, insurance, and psychological aspects of caregiving are available through Rutgers Cooperative Extension of Burlington County. The Tender of Moorestown, in cooperation with the Office on Aging also maintains an information website: www.thetender.org

CARE MANAGEMENT

Aging staff assist individuals to access a variety of services. Care management is important for homebound seniors who want to remain independent and at home, and may need caregiving services.

CONGREGATE MEALS

There are 4 congregate meal locations in Burlington County: Bordentown, Beverly, Mt. Holly, and Moorestown. The centers serve a hot meal daily to over 200 seniors.

HOME DELIVERED MEALS

The Meals on Wheels Program provides a well-balanced meal to homebound county residents over the age of 60. Drivers deliver a hot meal each weekday to the consumer's door.

Aging Director **Borkowski** and Freeholder **Mary Ann O'Brien (right)** exam a Meals on Wheels delivery truck.

HOMEMAKER / HEALTH AIDE SERVICES & RESPITE

Respite care allows the caregiver to gain relief from the demands of constant caregiving and offers "time off." With grants from the Office on Aging, several private agencies including Moorestown VNA and Hospice and VNA Health Group provide Home Health Aides and companions. These agencies may also provide home support services to assist with activities of daily living, bathing, meal preparation, assistance with diets, and light housekeeping.

HOME SECURITY PROGRAM

Offered by the Burlington County Sheriff's Department, the program promotes home security by making safety improvements to seniors' residences. Emergency flashing lights, window locks, peepholes, deadbolt locks, and other safety devices may be installed.

INFORMATION AND ASSISTANCE / OUTREACH

Information services are offered to seniors at the Office on Aging in the Human Services Facility on Woodlane Road in Westampton. The Office is also a partner in NJ Ease (Easy Access Single Entry), which enables consumers to call one toll-free number (1-877-222-3737) to learn about programs and services. The Outreach Program provides information through Nutrition sites and community events and organizations. Outreach workers can also assist seniors in their homes.

INTAKE

As an extension of the Office on Aging's case management and general information functions, an Intake Social Worker is available to assess an individual's needs and refer to appropriate programs and services.

LEGAL COUNSELING

The Burlington County Bar Association offers legal counseling and services to low income senior citizens. A staff member interviews the consumer at the office or in the home. Twice a month, attorneys offer free legal advice at the Bar Association Office at 137 High Street, 3rd Floor, Mt. Holly.

MONEY MANAGEMENT

Trained volunteers from the Retired Senior Volunteer Program are available to assist seniors with budgeting and bill paying. Volunteers complete background checks and undergo training.

PHYSICAL FITNESS

In cooperation with the YMCA in Burlington, a limited number of memberships are available for seniors to participate in a variety of fitness activities.

SOCIAL DAY CARE

The Tender of Moorestown provides Social Day Care for frail, disabled, or isolated seniors, or those vulnerable to institutionalization. Those with Alzheimer's Disease or related conditions also receive services. Transportation, morning snack, lunch, supervision, and socialization activities are provided.

TRANSPORTATION

Burlington County Transportation system is provided by Sen-Han Transit, Senior Citizens United Community Services, Inc. (SCUCS, Inc.) Available to Burlington County Residents age 60 and over and the disabled.

BURLINGTON COUNTY OFFICE ON AGING (609) 265-5069 OR TOLL FREE 1-877-222-3737